

## TRIPLE C REPORT - 2013

### **Preamble**

The activities undertaken in the year 2013 helped to make life better for Triple C beneficiaries and members. Sometimes Triple C family is usually confronted with complex matters due to hard socioeconomic conditions and this was witnessed a lot in 2013 among some members. However the activities that were undertaken during this year fostered Triple C family to think voluntarily and independently. The trainings were aimed at sharing personal experiences, subtracting or modifying the information that they already had and sharpening and/or imparting new skills and at the close of the year members of Triple C family shared and testified on how the trainings benefitted them by imparting practical useful knowledge, skills and attitudes that have helped to transform their world.

### **Introduction**

The Crisis center is a community based organization (CBO) and is non-profit making whose scope of operation covers Mombasa District and its environs. It was initiated to bridge the gap between caretakers, orphan vulnerable children, (OVC) and children in difficult circumstances at this era of HIV/AIDS epidemic and is registered with the Ministry of Gender and Social Development.

It was initiated in the year 2001 and registered in 2002. Its major objective is empowering caretakers, connecting the community for the betterment of their life. Since inception Triple c uses holistic and multi-sectral approach in conjunction with existing structures to implement its activities.

### **Activities**

The year 2013 was full of surprises and challenges however Triple C's family remained strong and focused. Triple C's family thanks God for the strength, encouragements, provision and experiences of 2013. It is in this year that Triple C's family received visitors from our most treasured friends in Canada spearheaded by the Canadian Samaritan for Africa (CSA) August 2013 has been marked as the month we were humbled by the great visit of Father Stan. Fr. Stan's visit left a mark in our hearts. The visit reminded us of the Biblical words of Isaiah 40:3 which says "....prepare ye the way of the Lord, make straight in the desert a highway for our God". When thinking of these words and relating them to the said visit, we can say Father Stan came to prepare the way for the Lord to visit Triple C. Following the said visit we received further visits in December which have left us more blessed than we were before. Therefore we praise God and give him all the glory.

The CSA sent Fr. Stan with some funds which enabled us to carry out most of the activities that had stalled. This was an answer to our prayer because we desirous of carrying out a postmotem of the activities that had been implemented before the close of the year however we did not have adequate funds. The Triple C cares for more than 500 children either directly or indirectly. The children on triple C's programme have diverse needs hence the care given by triple C varies. Some of the children's needs are addressed empowering the parents to enable them venture in income generating activities. Others are addressed by giving moral and emotional support either directly to them or through their guardians. Those who receive material support are few because Triple C does not encourage this and it only depends on the severity of the need thereof. Then educational support is one of the principle programmes since Triple C believes in the words of the late

South African icon which we quote; *“Education is the most powerful weapon which you can use to change the world”*. Armed with this statement Triple C is committed to ensuring that most of the children on the programme attend school hence minimal school fees support is provided where necessary. Soon after receiving the financial support from CSA through Fr. Stan in August the first activity was to pay school fees for 17 students spread in high school and colleges. These are the neediest students top on the list of educational support. This enabled some of the children who had been sent back home for lack of school fees to go back to school thus fulfilling our joy.

Early in the year Triple C conducted several trainings. Some of the members participated in National and World activities, home and school visits then closed the year in December by holding four meetings, Focus Group Discussions (FGD) for activity evaluation purposes.

### **Summary of activities**

Members participated in activities as follows;-

- March 2013 International women’s day
- May 2013 spina bifida/hydrocephalus
- June 2013 the day of the African child
- June 2013 visits to schools to check on some of the children on educational support programme
- August 2013 Fr. Stan’s visit whereby he was taken to some of the sites. There were also group testimonies from some of the beneficiaries
- September 2013 medical camp for people with disability organized by the Ministry of health in conjunction with other stakeholders
- November 2013 International day for people with disability
- December 2013 International AIDS’ day

### **Home visits**

- Over and above all, beneficiaries benefitted a lot from frequent home visits by the members spearheaded by the director. The visits were mainly in the slum areas. Apparently the slums referred to herein are small shanties which are worse than slums. These are the places where the poor of the poorest live. Visiting people in these areas gives them hope and places a smile on their faces. Home based care was given to those who suffered from different ailments. Some of the beneficiaries and members of Triple C did not survive through the ailments. The families of those who succumbed to death were visited and given psychosocial and moral support.
- Other visits were made to the old and elderly people at the little sisters of the poor home.

### **Networking**

- Several meetings were convened by Triple C for other stakeholders in the network and collaborators to review progresses of service provisions and relationships. This also enabled the stakeholders to share their successes, challenges, lessons learned and future programmes. Networking with other stakeholders makes work lighter for Triple C hence it was vital for a refresher meeting for the stakeholders’ relationships.

### **Focus Group Discussions**

- Monitoring and Evaluation dubbed as focus group meetings were conducted for those who had been trained in the Memory Book project, Resource Mobilization & health, Panda mbegu (planting a seed) women group and Emergency Care training. During the meetings beneficiaries shared their experiences which helped to encourage others as well. The challenges shared included lack of political goodwill for some of the members, literacy ignorance, ethnicity violence scare, lack of financial resources for business start-ups, diseases and infections.

### **Educational support**

- 17 Students benefited from the school fees support programme that was boosted by the financial support from the Canadian Samaritan for Africa.

### **Way Forward**

- o Enhance educational support programme
- o To help build-up initiatives of income generating activities (IGAs)
- o Conduct more trainings to enhance the existing business of caretakers
- o Train women with disability on HIV/AIDS & reproductive health
- o Train religious women leaders on Peace and HIV/AIDS
- o Strengthen children clubs
- o Train some of the caretakers in sign language
- o Monthly and quarterly meetings for Triple C family
- o Consultative meetings for Board members with other stakeholders.

### **Obituaries**

Triple C family lost three members through cruel death. One of the deceased was a member of the Board namely Madam Caroline Odhiambo who passed on in late August 2013. She was the Board secretary at the time of her death. May her soul rest in eternal peace.

### **Appreciation**

WE, Board members and the entire Triple C family would like to seize this opportunity to register our sincere and heartfelt gratitude to CSA for your continued support and partnership. May God bless you all.

### **Seasonal Wishes**

Merry Christmas and Happy prosperous New Year.

### **QUOTE**

*"THE BEUTY OF LIFE DOES NOT DEPEND ON HOW HAPPY YOU ARE , BUT HOW HAPPY OTHERS CAN BE BECAUSE OF YOU".*

### **Activity Photos**







